

SEVEN DAY STUDY & CONTEMPLATION RETREAT – THE WORLD THROUGH THE EYES OF YOGIS –

The program



This intensive seven-day program is a detailed study of one of the most famous classical buddhist texts, **The 400 Verses on the Yogic Deeds of Bodhisattvas**, that has been composed by the great Indian Mahasiddha Aryadeva in the 2nd/3rd century of our time. In this course, Do Tulku Rinpoche will go through the first 100 verses, which provide the fundamental wisdom and skill to overcome any clinging to permanence, happiness, cleanliness and egotism. Each verse of Aryadeva's treatise will be explained by an insightful and humorous story composed by the great Indian master Chandrakirti.

The teachings & discussions will be held in English.

Our teachers



Do Tulku Rinpoche is the resident lama and spiritual guide of the Arya Tara Net's center near Cologne/Germany. He was recognized by H.H. Sakya Trichen at the age of 17 as the reincarnation of the 5th Raktrul Rinpoche. After his recognition, he received an eleven-year training in Buddhist philosophy, practice, and debate at the Dzongsar Khyentse Chokyi Lodro Institute in India, from which he graduated with the title of an Acharya (Lopön). Since then, he has been teaching there as well as in Tibetan schools and guided monks' retreats. Following the instructions of his teacher, he now teaches

regularly in Asia and Europe. He himself received teachings, transmissions, and initiations from some of the greatest masters of our time, including H.H. Dalai Lama, H.H. Sakya Trizin, Khenchen Kunga Wangchuk, Dzongsar Jamyang Khyentse Rinpoche, Dagchen Rinpoche, Luding Khenchen Rinpoche, and many more. He is appreciated for his learned, interactive, and often unconventional, humorous way of communicating the Buddhadharmā.

Arne Schelling will offer daily discussions groups, to deepen our understanding and to clarify doubts.

Dates and place (in person / online)

The course will take place from the **23rd January** (morning) **until the 29th January 2023** (lunch time) at the **Aryatarya Dharmacenter**, 80 km from Cologne: Auf dem Kuppen 8, 51570 Windeck, Germany. The event will also be available via zoom, nevertheless given the interactivens of the sessions, an in person attendance is recommended.

Fee

The fee for the teachings is **between 200 and 250 euros** (depending on your possibilities). If you wish to stay at the Aryatara Dharma center, the costs for accommodation and food for the 7 days will be between 230 and 310 euros, depending on the type of accommodation you prefer. If you have any financial problem, please don't hesitate to let us know.

Contact and Safety

If you would like to register or if you have any questions, please only contact [Arne Schelling](#). The retreat group will be rather small to make sure that we all can follow the rules & regulations that are required in regards to covid19.